



## Common signs of Alzheimer's Disease



Dementia is a term used to describe different brain disorders that affect: memory, thinking, behavior, and emotion. Alzheimer's Disease is currently the most common cause of dementia, and there is currently an estimated 55 million people living with dementia worldwide.

September is World Alzheimer's Month and a good time to learn the symptoms and behaviors associated with the condition to ensure loved ones receive the support they need. Follow along to understand the signs and symptoms of the disease that affects so many.

- **Forgetfulness**

Forgetting recently learned information, important dates like birthdays or anniversaries, or reliance on memory aids like post-it notes, are common signs of Alzheimer's Disease.

- **Disorientation**

Vision changes are common with age. However, dementia can damage the visual-perceptual system and lead to even more disorientation. Some individuals may experience problems with distance perception, contact, and the ability to recognize objects or faces.

- **Number conundrums**

Individuals with dementia may find number-related tasks challenging - including their finances. Piles of late or unopened bills, out-of-character purchases, and missing money all indicate your loved one may be having trouble managing their finances.

GECU wants to help you protect the financial security and well-being of you and your loved ones. To learn more about Alzheimer's Disease, watch our latest webinar recording, *Understanding Alzheimer's: What it is and the warning signs*, by visiting: [gecreditunion.org/cu-events](https://gecreditunion.org/cu-events).

Member eligibility required. Visit: [gecreditunion.org/membership](https://gecreditunion.org/membership) for details. APY=Annual Percentage Yield. Rates accurate as of 9.15.2022; subject to change at any time. <sup>1</sup>**60-Day Rate Guarantee:** If the rate increases on the same term Certificate purchased on or after 8.1.2022, an account owner can request a rate adjustment to the certificate anytime within the first 60 days from account opening. Limited time only. 60-Day Rate Guarantee does not apply to Bump Certificates. <sup>2</sup>**Certificates:** Minimum balance required to open is \$0 (with the exception of our Jumbo and Jumbo+ Certificates). Dividends will accrue as of the date funding is received; funding must be received within 30 days of opening the account. Fees may reduce earnings; penalties may be assessed for early withdrawals. GECU will send you a maturity notice prior to renewal. Upon maturity, if the same term is no longer offered, the certificate will automatically renew into the closest term available with the best rate available for that term. Refer to the Account Disclosures for account information.

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## Your holiday shopping payment guide

The holidays will be here before you know it! Don't wait until you hear sleigh bells to decide how you'll pay for decorations, presents, and travel. Instead, familiarize yourself with the best use case for both debit and credit cards.

### Credit cards

Credit cards are a great payment method to use for items or services you were going to buy anyway. That's because the best credit cards allow you to earn points or

cash back that can be used to pay off your balance. They can also be redeemed for gift cards, cash back, and more! Just be sure to review your budget to ensure you can pay the balance in full each cycle.

Scan the QR code to watch a quick video of GECU Chief Credit Officer, Neil Peterson, explain the pros and cons of store credit cards.



### Debit cards

If you tend to overspend or find it difficult to say no to a purchase, using a debit card may be the wise choice for holiday shopping. This way, you can guarantee you're only spending money you have. Plus, Debit Card Controls allow you to set spend limits, turn online purchases on or off, and much more!

To learn more about the credit and debit card options GECU offers, visit: [gecreditunion.org](https://gecreditunion.org).

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<sup>2</sup>See reverse side for details.

### Hometown favorites

This month, we are excited to feature the Cincinnati Public Library! Just a single card gives you access to more than 40 locations throughout the Greater Cincinnati area. You can borrow books, reserve computers, and explore the library through their various events and other offerings.

To learn more about the Cincinnati Public Library, and to find a location near you, visit: [chpl.org](https://chpl.org).